

Dear (name),

Congratulations!

We have completed your active phase of at-home custom teeth whitening. Your teeth started at shade _____ on the _____ shade guide system. We have achieved the desired final shade of _____ on the _____ shade guide system.

Certain foods as well as smoking tend to stain your teeth quicker. (These include red wine, blueberries, beets, tea, coffee, cola's, etc.) If you frequently enjoy these items you may need to "boost" you teeth to maintain the whiteness you presently enjoy. The time interval for boosting can vary from six months to three years.

Once again, congratulations on your beautiful new smile.

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The Team at Giannini & Gray Dental Partners