

XX/XX/XXXX

Name  
Street  
City

Dear Ethan,

It was great seeing you again Thursday, October X, XXXX, for your cleaning, final records and a quick chance to chat. I am sorry about dropping the ball concerning your care. I did receive all necessary correspondence and even consulted with Dr. Stiglitz twice, yet never followed up with you. Thanks for taking the initiative to jump start the process.

After reviewing your present condition and goals (yet again) with Dr. Stiglitz, I have developed the following dental treatment plan to restore your mouth to optimal health. I have divided your treatment into phases for easy comprehension.

I. Records, examinations, evaluations. Completed BG/MS

We have already gathered everything needed to proceed with your case, with the one exception of Phase II. We will also be taking more photos throughout your treatment.

II. Endodontic evaluation. PZ

Dr. Pirooz Zia will perform an endodontic evaluation. This complimentary half-hour visit allows us to identify any teeth that may require root canal therapy prior to beginning restorative treatment. Dr. Zia's evaluation will help us to avoid unexpected tooth pain and emergency visits.

III. Invisalign orthodontic treatment. BG

Next month we will initiate Invisalign orthodontic treatment. I will use a series of clear plastic aligners to straighten your teeth. I will also use this system to level, align and place your teeth in the optimum position for permanent restorations. You will wear these aligners 22 hours per day, removing them only to eat, drink and clean your teeth. Every two weeks you will change into a new set of aligners. After your treatment is completed, I will equilibrate your bite and fabricate retainers including a lingual fixed splint retainer on teeth #22-27 to maintain your smile. I anticipate this phase of treatment to take 6-9 months. I will also fabricate bleaching trays to use during Invisalign treatment to whiten your teeth.

IV. Periodontal treatment tooth #11.

MS

I will coordinate with Dr. Stiglitz and Dr. Zia if necessary, to overlap any treatment to reduce overall time. For instance I will begin the Invisalign process while Dr. Stiglitz treats the periodontal defect on tooth #11. We will start the lower Invisalign treatment while you heal in the upper arch (#11) from Dr. Stiglitz's surgery. Dr. Stiglitz will maintain a 2 month cleaning schedule during active treatment.

V. Maxillary provisionalization.

BG

After completing Invisalign orthodontic treatment I will remove all old crowns on your upper arch. I will prepare all teeth (#2,3,4,5,X,7,8,9,10,11,12,13,14,15) for all ceramic crowns and bridges. I will place at least 2 long term provisional bridges – one immediately at the end of this 5 hour visit, and a second mid treatment in Phase VI. I will place any additional provisional bridges as needed during treatment at no additional fee.

VII. Maxillary periodontal treatment.

MS

Dr. Stiglitz will perform any necessary periodontal treatment on your upper arch during this phase. I anticipate Phase VII to take about 3 months.

VIII. Final maxillary prosthetic treatment.

BG

Over a series of 3 or 4 visits I will finalize your upper arch restorative treatment. We will fabricate ideal restorations using the provisionals as a template. I will use an esthetic, proven all ceramic crown with a zirconia substructure. When completed, your upper arch will have a beautiful, natural appearance with a strong ideal function.

IX. Mandibular provisionalization.

BG

I will repeat the same steps on the lower arch without placing crowns on teeth #20-28. These teeth have small or no existing fillings and are not expected to require crowns. You will need to whiten teeth #21-28 significantly to achieve a pleasant final shade for your lower arch. (I do not expect this to be difficult.) Your lower arch will receive provisional crowns on teeth #18,19,20,29,30 and 31.

X. Mandibular periodontal treatment.

MS

Dr. Stiglitz will perform any necessary periodontal treatment on your lower arch during the phase. I anticipate Phase X to take about 3 months.

XI. Final mandibular prosthetic treatment.

BG

Over a series of 2-3 visits I will finalize your lower arch, placing the same type of all ceramic crowns on teeth #18,19,20,29,30 and 31 to match your final whitening shade of your front teeth.

Page 3.

XII.. Retention & maintenance.

BG/MS

I will consider the need for night guards or retainers at the end of treatment. Either way, you will want to protect your investment. As discussed the lower teeth will have a fixed splint retainer (thin wire) from #22-27. Dr. Stiglitz and I will alternate recare visits every 3 months We may adjust the frequency in the future.

Ethan, I expect the fee for treatment in my office to be approximately \$XX.XXX.XX. This fee includes the Invisalign orthodontic treatment, provisional crowns and bridges, permanent crowns and bridges, other possible restorations, bleaching, possible night guards or retainers and equilibration of your bite. This fee does not include any treatment from specialists. You will need to make financial arrangements with each specialist. My financial coordinator, Carla Mahieu, will gladly assist you in budgeting and financial concerns. My goal is to provide you with the best dental care and quality of service while making treatment affordable.

This fee also includes any related procedures necessary for a period of one year after we complete your treatment. Clinical studies have shown this to be a safe amount of time to identify any latent problems that may exist.

I can assure you that at the end of this scenario, you will have both the comfort and confidence you have sought to restore your smile.

Sincerely,

Brian Gray, DDS

Copy to: Michael Stiglitz, DDS  
Pirooz Zia, BDS, MScD