

November 3, 2003

Jolene X  
6666 Cotter Drive  
Bethesda, MD 20817

Dear Jolene,

It is a pleasure to finally present you with this outline of your proposed dental treatment. My apologies for the false starts. Although Invisalign has been around for five years, your case is very challenging and I was determined to research all possibilities to ensure a successful outcome. In that regard, my treatment goals are to straighten and whiten your crooked teeth, and replace your old defective restorations. I have divided your treatment into the following phases:

#### 1. INVISALIGN/WHITENING

During this phase I will orthodontically straighten your teeth and “bleach” your teeth at the same time. I anticipate your Invisalign treatment to take approximately four months for your lower teeth and one year for your upper teeth. Per our discussions and Clincheck review, I will not be able to correct the skeletal discrepancy in your malocclusion. That may only be accomplished with standard orthodontics over a multiyear period. I will be able to resolve the crowded, overlapped appearance of your teeth and close your anterior open bite significantly, but not so the teeth completely touch in front. The expected final result, as we reviewed on your Clincheck, is a significant and wonderful change from your present occlusion.

I will place small attachments on some teeth to facilitate movement and will also need to “slenderize” some teeth slightly as well. You will need to wear your aligners for at least 22 hours each day, changing to new ones every two weeks. After completing your series of aligners, I may use an additional set of up to five to accomplish fine movements. Once completed, I will fabricate a set of retainers for you to wear at night. We will determine a schedule, but initially you will wear these retainers every night. The first set of retainers is included in the cost of treatment.

Additionally, I will whiten your teeth, normally a four hundred fifty dollar procedure, as part of your treatment. We will start whitening your teeth approximately one month into your Invisalign treatment. I expect the whitening procedure to take 2-4 weeks to complete. You will notice a nice result as your smile brightens up and straightens at the same time.

#### 2. EQUILIBRATION

After completing your Invisalign treatment (and prior to fabricating your retainers), I will equilibrate your occlusion. This procedure involves adjusting any “high or uneven” spots in your bite that are the result of years of malocclusion. It may take 2-3 visits of about 45 minutes to settle your bite into a functional and comfortable state. It will allow me to ensure long-term success of Phase 3 below.

### 3. RESTORATIVE TREATMENT

During this phase I will replace old, worn, defective and failing fillings into beautiful ceramic restorations that will match your newly whitened teeth. I will generally address the areas of your mouth in quadrants, beginning in the upper right.

- A. #4, 5 LAVA, full coverage ceramic crowns  
#6 MFL composite
- B. #12, 13, 14 core-buildups  
#12, 13, 14 LAVA full coverage ceramic crowns  
#11 DFL composite (very large, possible crown)  
#15 O/OL composite
- C. #18, 19 core-buildups  
#18, 19, 20 LAVA, full coverage ceramic crowns
- D. #28, 30, 31 core-buildups  
#28, 29, 30, 31 LAVA, full coverage ceramic crowns
- E. Other restorations:  
#10 amalgam replacement to composite

### 4. MAINTENANCE & RECARE

This is the “lifetime” phase of continual care to maintain your smile. You will alternate recare visits with Dr. Michael Stiglitz and myself on a 3-4 month schedule. Also note: Dr. Stiglitz will see you every 3 months during active Invisalign treatment.

I expect the cost of your treatment to be approximately \$19, 500. The cost your Invisalign treatment is \$4,500 and includes all you diagnostic records visits, retainers, post-orthodontic occlusal adjustment visits and tooth whitening.

My financial coordinator, Carla Mahieu, will gladly assist you in reviewing, budgeting and financial concerns. Restoration treatment fees are held at the current fee if your treatment is started immediately after Phase 2.

Jolene, I can assure you that at the end of this scenario, you will have both the comfort and confidence you have sought to restore your smile. I look forward to our journey ahead and a lifetime of dental health once we have completed your current treatment.

Sincerely,

Brian Gray, DDS