

DATE

NAME
STREET
CITY

Dear NAME,

Today we officially completed your Invisalign orthodontic treatment. I have moved your teeth into their most ideal position, equilibrated your bite, whitened your teeth and fabricated retainers for you to wear. It is important that you monitor your teeth because they move throughout life. The best way to do this is through wearing your retainers on a regular basis. The one guarantee I can offer is that *if you do not wear your retainers, your teeth will move*. Your specific instructions going forward are:

Wear your retainers nightly for the next six months and then we will discuss reducing the frequency at your next recare visit. They typically need to be replaced every three to five years.

I have included before and after pictures for your enjoyment. Wow, what a difference! My team and I want to thank you for being such a wonderful patient. Please feel free to share the enclosed Invisalign literature with your friends.

Enjoy your new smile!

Brian Gray, DDS and Team